

THE JOLLY SAILOR



MENU



Burton Ferry, Milford Haven,
Pembrokeshire, SA73 1NX
Tel: 01646 600378
email: chris@jollysailorburton.co.uk
www.jollysailorburton.co.uk

Coffee Choices

Espresso <i>The wake up call</i>	£1.00
<i>Double up</i>	£1.80
Americano <i>Black coffee, pure, simple and light</i>	£1.95
Latte <i>A very milky coffee with a shot of Espresso in a large Latte cup</i>	£2.75
Cappuccino <i>Coffee with a frothy milk, topped with a light dusting of chocolate</i>	£2.75
Moccachino <i>Indulge yourself with a subtle blend of chocolate and cappuccino</i>	£3.50
Hot Chocolate <i>Creamy full bodied Royal Dutch chocolate "to die for"</i>	£3.50
Irish Latte <i>Why not try a "café au lait" with Irish cream syrup, a non alcoholic drink to ensure relaxation</i>	£3.75
<i>All served with a mint chocolate</i>	
Floater Coffee <i>Large coffee with a thick creamy head</i>	£3.25
<i>De-Caff option on all coffee choices £0.50 surcharge</i>	

Tea

Cup	£1.65
Pot for Two	£2.60
Flavoured Teas	£1.95

Liqueur Coffees

A choice of large coffees with lavish creamy head (includes 25ml of spirit)	£5.50
Irish - <i>Irish Whiskey</i>	Highland - <i>Scotch Whiskey</i>
Monks - <i>Benedictine</i>	French - <i>Cognac</i>
Caribbean - <i>Dark Rum</i>	Russian - <i>Vodka</i>
Calypso - <i>Tia Maria</i>	Parisienne - <i>Grand Marnier</i>
Left Bank - <i>Cointreau</i>	Scottish - <i>Drambuie</i>

Normal Opening Times:

Mon-Sun : 11.15am--11.00pm
Government Rules may apply

Food served:

Mon-Thur : 11.30am-2.30pm; 5.00pm-8pm (last booking)
Fri-Sat: 11.45pm-8.00pm (last booking)
Sun : 11.45am-6.00pm (last booking)

On Sunday there is a choice of Roast Dinners or our normal menu

★ *(Special Food Serving Times by arrangement)* ★

We cannot guarantee food being 100% nut-free as we use nut derivative products on the premises.

Please notify staff of food tolerances - we can adapt some of our meals to suit.

Wine List

WHITE WINES

- Cantina Massimo Leone "Falanghina" £18.95**
(Italy)(2) "Pale lemon in colour, complex nose, with citrus and jasmine floral notes.
- Bush Ranger Chardonnay £17.50**
175ml Glass £5.50
(Australia)(2/3) A lovely rounded and smooth Chardonnay with flavours of soft ripe white summer fruits, and a hint of honey.
- Vispo Allegro Prosecco £19.75**
200ml Bottle £6.40
(Italy) (2) Bright pale straw yellow full of delicate bubbles. Intense and very fruity and aromatic, with hints of flowers and almonds
- Boars Kloof Chenin Blanc £15.95**
(S Africa)(3) Crisp and fruity with tropical flavours.
- San Antonio Pinot Grigio £17.95**
175ml Glass £5.50
(Italy)(2) A crisp, fragrant complex wine with a light flowery bouquet with a full bodied palate, superb.
- White & Sea Côtes de Gascogne £19.95**
(France)(1) Dry, citrus and tropical flavours, with a zesty finish..
- Aroha Bay Sauvignon Blanc £19.50**
(New Zealand)(1/2) Pale straw in colour with crisp flavours of green apples and a grassy tone.

HOUSE WHITE "Dry"

- Riviera Sauvignon Blanc £15.95**
175ml Glass £5.25
(France)(1/2) Crispy, fruity, dry and very elegant sauvignon blanc.

CHAMPAGNE

- Pierre Mignon £39.50**
(France) Lively and effervescent with hints of honey on the palate, candied fruit and lemon on the nose - superb!

White Wines:
0-5 Dry to medium

RED WINES

- Cantina Massimo Leone "Nero di Troia" £19.25**
(Italy)(d) Full bodied and deep ruby in colour, complex berry and cherry aroma, hints of spices and balsamic.
- Bella Modella Primitivo £18.50**
(Italy)(d) Deep, dark and soft, with pronounced ripe black fruit flavours.
- Mont Rocher Malbec £17.95**
(Languedoc, France)(d) A wine of great character with lovely dark flavours and a hint of chocolate.
- Don Placero Tinto Rioja £18.50**
175ml Glass £5.75
(Spain)(c) Youthful, warm cherry and bramble fruits broadening out on the palate backed with spice and vanilla.
- Vino Passito Apassimento £18.95**
(Italy)(e) Deep dark and very smooth with flavours of very ripe mature red fruits.
- Bushranger Shiraz £17.50**
175ml Glass £5.75
(South Africa)(d) A lively rich and intense red wine with well balanced flavours.

HOUSE RED

- Mariquita Merlot £15.95**
175ml Glass £5.25
(Chile)(b/c) A classic Merlot, elegant and rich with aromas of Chocolate, Mocha and Cherry

ROSE WINE

- Cougars Moon White Zinfandel £17.95**
175ml Glass £5.75
(California)(5) A fresh, sweet and fruity Californian Rose; great on it's own as well as with food.
- Boars Kloof Pinotage Rose £17.95**
175ml Glass £5.75
(South Africa)(3) Slightly off dry but packed full of fruit.

Red Wines:
a-e Light to full bodied

Jolly Sailor "Food and Drinks" Voucher

Why not treat a friend or members of your family to a Jolly Sailor "Food and Drinks" Voucher. Ask the bar staff for details.

Starters & Snacks

Homemade Vegetable Soup - with roll and butter	£4.95
Breaded Chicken Mini Fillets -with sweet chilli and BBQ dips	£5.85
Prawn Cocktail - succulent prawns on crispy lettuce with Marie Rose sauce and brown roll	£6.95
Homemade Welsh Lamb Cawl - with Welsh cheddar cheese and crusty roll	£8.95
Creamy Garlic Mushrooms - with crusty malted roll	£6.95
Whitebait - crispy deep fried with brown roll	£6.80
Seafood Basket - salt and pepper squid chunks, battered cod balls, breaded butterfly prawns and panko coated calamari rings with sweet chilli dipping sauce	£7.95

Mains

Salads & Platters

Cooked Ham Salad - tender slices of cooked ham	£11.50
Grilled Butterfly Chicken Breast Salad	£13.50
Prawn Salad - Norwegian prawns with Marie Rose sauce	£13.50
Ploughman's Lunch - with Cheddar cheese served with salad, pickle and a crusty roll	£10.95
Ploughman's Lunch - with Cheese & Ham	£11.95

(Salads or Ploughman's do not include chips, jacket or potatoes)

Fish

Wholetail Scampi - deep fried and covered in a natural crumb	£13.50
Hand Battered Cod Fillet - with mushy peas	£12.50
Homemade Fish Pie - Cod, salmon, smoked haddock and prawns in a cream and white wine sauce covered with cheesy mashed potato. (No potato option).	£15.95

Vegetarian & Vegan

Nut Roast - with vegetable gravy, roast potatoes and vegetables	£12.50
Broccoli & Cheese Bake - florets of broccoli and sliced potatoes in a creamy cheese sauce	£11.50

The following are available as VEGAN options, please inform staff.

Roast Vegetable Lasagne	£11.50
Vegetable Chilli (½+½ +£1.00)	£11.50
Chick Pea, Spinach & Sweet Potato Curry (½+½ +£1.50)	£11.50

(all above served with a choice of boiled potatoes, chips, jacket potato or rice)

Lentil Cottage Pie - with seasonal vegetables. (No potato option)	£12.50
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Pasta & Curries

Homemade Lasagne - an Italian favourite with prime mince smothered in cheese sauce	£11.95
Homemade Beef Madras - tasty beef chunks in a medium curry sauce ½ chips ½ rice option +£1.50	£12.50
Homemade Chicken Curry - tender chicken pieces in a mild to medium sauce - ½ chips ½ rice option +£1.50	£12.50
Homemade Chilli Con Carne - minced beef - ½ chips ½ rice option +£1.50	£12.50

Meat

12oz Gammon Steak - for the hearty appetite with egg and pineapple	£15.95
10oz Welsh Sirloin Steak - prime sirloin cooked to your requirements	£21.50
Grilled Butterfly Chicken Breast	£13.50
Cajun Marinated Chicken Breast - and garlic prawns	£16.50
Trio of Welsh Lamb Chops	£15.50

Add to your Grills

Grilled Chicken Breast	£6.00
Diane Sauce brandy cream and mushroom sauce	£2.95
Au Poivre Sauce - a creamy pepper sauce	£2.95
Garlic Prawns	£3.50

Roast Welsh Lamb Dinner - slices of Welsh roast lamb leg with potatoes, vegetables and home made gravy	£13.25
Preseli Gold Prime Pork Sausages - with mashed potato and gravy	£10.50
Homemade Steak & Mushroom Pie - topped with puff pastry	£13.50
Homemade Chicken, Bacon and Leek Pie - topped with puff pastry	£13.50
Tender Slices of Cooked Ham & Fried Egg	£10.95

*Main and Small meals are served with a choice of chips, jacket potato, boiled potatoes or salad.
Salad garnish or vegetables served where appropriate.*

★ Upgrade your chips to sweet potato fries for £1.25 ★

Smaller Meals

6oz Welsh Rump Steak	£11.95
6oz Gammon with Egg and Pineapple	£10.95
Wholetail Scampi	£10.75
Cooked Ham & Egg	£9.50
Homemade Lasagne	£9.75
Homemade Chicken Curry - ½ chips ½ rice option +£1.25	£9.75
Roast Welsh Lamb Dinner	£10.85
Homemade Lamb Cawl with Welsh cheddar cheese and crusty roll	£8.95

Rustic Barra Gallega Baguettes

Cooked Ham	£8.50	Mature Cheddar Cheese	£8.50
Tuna & Mayonnaise	£8.75	Prawns & Seafood Sauce	£9.25
Sausage & Onion	£8.50		

Served with a salad garnish and scoop of chips

Jacket Potatoes

Mature Cheddar Cheese	£7.50	Cooked Ham	£7.50
Ham & Cheese	£8.50	Homemade Chicken Curry	£9.75
Tuna & Mayonnaise	£8.50	Prawns & Seafood Sauce	£9.75
Creamy Garlic Mushrooms	£8.50	Cheese & Beans	£7.50
Homemade Coleslaw	£7.95	Baked Beans	£6.50

Burgers in Floured Baps

6oz 100% Beefburger	£7.50
Breaded Vegeburger	£7.50
Southern Fried Chicken Burger	£7.50
Chips extra	£2.95

★ Add Cheese, Bacon or 3 Onion Rings for 75p per item or all 3 for £1.95 ★

Side Orders

Boiled Potatoes	£2.95	Portion of Chips	£2.95
Sweet Potato Fries	£4.00	Battered Onion Rings	£2.95
Mushrooms	£2.95	Baked Beans	£1.50
Home made Coleslaw	£1.75	Fried Egg	£1.50
Side Salad	£3.25	Brown Roll and Butter	£0.95
Naan Bread	£2.00	Garlic Bread	£2.95
Garlic Bread with Cheese	£3.95		

Please see our Specials Board

Desserts

Sticky Toffee Pudding	£5.95
Chocolate Fudge Cake	£5.95
Homemade Apple Crumble	£5.50
Iced Mango & Passion Fruit Cheesecake	£6.45
Raspberry Frangipane	£5.50

All above served with a choice of cream, custard or ice cream where appropriate

Lemon Meringue Sundae	£6.50
Chocolate Nut Sundae	£6.50
Raspberry Ice Cream Pavlova	£6.45
Homemade Rice Pudding	£4.95
Belgian Waffle with chocolate sauce and ice cream	£5.95
Pembrokeshire Dairy Ice Cream from Upton Farm strawberry, vanilla, chocolate, mint chocolate chip, rum 'n' raisin, Pembrokeshire Promise or lemon sorbet	Adult £4.95 Child £2.75
Mature Cheddar Cheese and Biscuits	£5.95

Children's Meals

Preseli Gold Prime Pork Sausages	£6.50
Cod Bites cod chunks in crispy batter	£6.50
Battered Chicken Fillet Nuggets	£6.50
Vegetable Nuggets	£6.50
Children's Beef Burger in a Roll	£6.50

Served with a choice of chips, jacket potato, boiled potatoes or salad, and beans or peas.

Pembrokeshire Dairy Ice Cream from Upton Farm strawberry, vanilla, chocolate, rum 'n' raisin or mint choc chip	£2.75
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